

# **Pilgrim Clothing**

## **INSTRUCTION GUIDE**

For use by TIME Zone  
1st Grade

Revised October 2011

## Pilgrim Clothing Station

Permanent Items for this station:

- Two copies of Sarah Morton's Day by Katie Waters
- Two copies of Samuel Eaton's Day by Katie Waters
- Clothing samples (1 pair knit stockings, muslin shirt, breeches, 1 linen under shirt, 3 yolks, 1 pouch, 1 pair lace arm bands, 2 long aprons and 1 bonnet)
- Felt mat, 2 felt people, felt clothing for a boy (shoes, stockings, breeches, pouch, belt, shirt, hat, yoke and hair), felt clothing for a girl (shoes, stockings, skirt, apron, shirt, yoke, bonnet and hair).
- Then and Now poster and Venn Diagram poster
- Pages from Pilgrim Artifacts Trunk Guidebook ( Men's Clothing, Women's Clothing and Children's Clothing)
- Pilgrim Clothing Poster (Women, Men and Children)

Items to be purchased by the APT (check closet first to see what is leftover):

- Brown felt to make pouches
- Twine for pouches

# Pilgrim Clothing

## Activities

### 1. Books

- Share the books Sarah Morton's Day and Samuel Eaton's Day with the children. It is not necessary to read the book to them. Please just focus on the clothing pages in each book.
- Discuss the sequencing of how children put on their clothing and emphasize how many layers they wore.
- DO NOT ALLOW CHILDREN TO PUT ON HATS.

### 2. Dress the Felt People

- Have the students sort the felt clothing by girl or boy.
- Using the large felt cloth and felt cloth pieces, dress the felt people one by one in the sequence in which the child was dressed in the book on the large felt cloth.

### 3. Match the Clothing Names with the pieces

- Have the students sort the clothing and clip the correct vocabulary card onto the item with a small clothespin.

### 4. Make a Pouch

Children wore pouches around their waists to carry their "treasures," food, etc. The students will make their own pouches to take home.

- Brown fabric should be pre-cut into 8-10 inch circles.
- Students cut slits near the top of the pouches to string twine through.
- String twine through pouch fabric.
- Gather fabric and tie pouch.

### 5. Venn Diagram

Clothing styles have changed considerably since the 1600's. As the students learned in the two books, Sarah Morton's Day and Samuel Eaton's Day, children in the 1620's wore clothing that we have never heard of nor worn. For example, doublets, waistcoats, breeches, etc. Some of the items; however, are similar to the things we have now.

- Have the students brainstorm the articles of clothing that are unique to the Pilgrim's time and articles of clothing that are unique today. Write those ideas down in the correct circles. (For example, breeches for Then and jeans for Now) Then think of

items worn by both and write in the Both circle. Parent should write the words in the diagram.

**6. Clothing Webquest**

Children will look at the [Clothing Webquest](#) site and then complete the Children's Clothing sheet.